



**FRIENDS UNIVERSITY OUTDOOR TRACK & FIELD QUALIFIER
WICHITA, KS
SATURDAY, APRIL 3, 2010**

Site: Adair Austin Stadium, Friends University - Wichita, KS

Starting Time: Field Events 11:30 AM - Running Events 1:30 PM

Entries: Entries must be completed online at www.classicatfriends.com. Entries will be accepted beginning Monday, March 15. Additions and changes may be made up until 10:00 PM Thursday, April 1.

ALL DECLARATIONS ARE FINAL AS OF 10:00 PM THURSDAY, APRIL 1. No additions will be allowed after this time. Scratches may be made in advance by e-mailing sports@enduro.us or on site. Please follow these directions.

Web Address: www.friendsathletics.com or www.classicatfriends.com

Confirmation: A confirmation e-mail will be sent after entries have been received. Coaches will be able to view heat sheets at www.classicatfriends.com and upon check-in Saturday, April 3. Scratches after the declaration time must be emailed to sports@enduro.us or to the Meet Director, Matt Kennedy, at matt_kennedy@friends.edu.

Entry Fee: \$125.00 per team (men and women are separate) or \$15.00 per athlete. The entry fee is based on the entered athletes not scratched by declaration time. Make checks payable to Friends University Track & Field. No unattached or open entries on team entry fee.

Entry Limit: This is a qualifying meet; please enter only those athletes that are competing for a qualifying performance. Meet director has the authority to limit field within reason to stay within time frame of meet. Coaches should be prepared to time athletes in distance events past 8th place. Minimum standards for measurement of field event performances will be utilized.

Check-In: Please pick up coaches packets (heat sheets, instructions, etc.) at the press box immediately upon arrival (no additions). A revised time schedule may be based on entry numbers. Pay entry fee when picking up packet or in advance by mail.

Weigh In: Throwing implements will be weighed in under the west grandstands. **Weigh in will be from 10:00 AM – 11:30 AM only.** Bring all implements at one time; make sure implements are marked with school name.

Awards: Awards to 1st place competitors.

Facilities: Eurotan S Sandwich Track surface system with eight 42" lanes. Jumping areas stand alone and runways are surrounded with artificial-turf; shot and discus areas are concrete; javelin area is a full grass approach. Infield warm-up area is a Sportexe Momentum 46 brand turf system. For more information, visit www.falconathletics.com.

Timing & Scoring: Enduro Timing Systems exceed standards with Eagle Eye DV software and provide professional - accurate F.A.T. timing and results. These standards will improve the overall quality and competition of this event. Team scores will not be kept. Visit www.classicatfriends.com for more information.

Starter & Head Meet Official: Richard Ludwig – Most recently the starter at the Kansas Invitational Indoor and the Jayhawk Invitational Indoor. Ludwig also served as the starter for the Kansas Junior College Heptathlon Championships in 2009.

Spikes: 1/8" or 1/4" pyramid spikes only.

Results: Results will be available shortly after the conclusion of the meet at the press box and online at www.classicatfriends.com.

Trainer: Trainers will be available during the meet to administer first aid. Please bring your own athletic tape and other necessary supplies.



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----- **FIELD EVENTS** -----

11:30 AM

❖ Pole Vault	Women / Men	
❖ Hammer	Women / Men	4 Throw Final
❖ Long Jump	Men / Women (West Pit)	4 Jump Final
❖ Triple Jump	Women / Men (East Pit)	4 Jump Final
❖ Shot Put	Men / Women	4 Throw Final
❖ High Jump	Women / Men	

1:00 PM – Or Following Completion of Previous Event

❖ Discus	Women / Men	4 Throw Final
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2:30 PM – Or Following Completion of Men's Discus

❖ Javelin	Women / Men	4 Throw Final
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Minimum standards for measurement of field event performances will be utilized
On site warm-up time will be limited to 15 minutes before all throwing events
Absolutely no throwing implements on the infield turf

----- **RUNNING EVENTS** -----

12:00 PM	4x800 Meter Relay	Women / Men
2:00 PM	3,000 Steeple	Women / Men
2:30 PM	4x100 Meter Relay	Women / Men
2:40 PM	1500 Meter	Women / Men
3:00 PM	100 Meter Hurdles	Women
3:10 PM	110 Meter Hurdles	Men
3:20 PM	400 Meters	Women / Men
3:40 PM	100 Meters	Women / Men
3:50 PM	800 Meters	Women / Men
4:05 PM	400 Meter Low Hurdles	Women
4:15 PM	400 Meter Intermediate Hurdles	Men
4:25 PM	200 Meters	Women / Men
4:45 PM	5,000 Meters	Women / Men
5:45 PM	4x400 Meter Relay	Women / Men
6:00 PM	10,000 Meters*	Women / Men

*10,000m Run: We will run event after 4x400 relays if there is enough interest. Event will be combined unless entries warrant separate races (women, then men). Coaches are advised to have 1 person per runner to count down laps/splits.