

## McPherson College Bulldog Invitational Track & Field Meet

Saturday, March 13, 2010

McPherson Stadium

### Field Events

10:00 AM @ McPherson High School Javelin Men's followed by Women

11:00 AM High Jump Women's followed by Men  
Pole Vault Women's followed by Men  
Long Jump Men's followed by Women  
Shot Put Men's followed by Women  
Discus Women's followed by Men

12:45 PM Triple Jump Men's followed by Women  
Hammer Women's followed by Men

### Running Events (Women followed by Men except High Hurdles FINAL)

11:00 AM 10,000m Run (Men & Women combined, FINALS)

12:00 PM 100m Hurdles (Prelims) Women

12:05 PM 110m Hurdles (Prelims) Men

12:15 PM 100m Dash (Prelims) (W then M)

12:30 PM 3k Steeplechase (W then M, FINALS)

1:15 PM 4x100m Relay (W then M, FINALS)

1:35 PM 1,500m Run (W then M, FINALS)

2:00 PM 110m Hurdles Men (FINALS)

2:10 PM 100m Hurdles Women (FINALS)

2:20 PM 400m Dash (W then M, FINALS)

2:35 PM 100m Dash (W then M, FINALS)

2:40 PM 800m Run (W then M, FINALS)

3:00 PM 400m Hurdles (W then M, FINALS)

3:20 PM 200m Dash (W then M, FINALS)

3:45 PM 5,000m Run Women (FINALS)

4:10 PM 5,000m Run Men (FINALS)

4:30 PM 4x400m Relay (W then M, FINALS)