

Concordia Polardog - Indoor Track & Field Meet
January 14, 2012

Tentative Schedule

Field Events

10:30 am	Weight Throw (M) Followed by Weight Throw (W)
10:30	Long Jump (W) Followed by Long Jump (M) – north pit
10:30	Triple Jump (M) – west pit
11:30	High Jump (W) Followed by High Jump (M)
12:30 pm	Pole Vault (W) Followed by Pole Vault (M)
2:00	Triple Jump (W) – north pit
2:15	Shot Put (M) Followed by Shot Put (W)

Running Events – Running Schedule

12:30 pm	60 Hurdles prelims	(W)
12:40	60 Hurdles prelims	(M)
12:50	60 Dash prelims	(W)
1:00	60 Dash prelims	(M)
1:10	Mile	(W)
1:20	Mile	(M)
1:30	800	(W)
1:40	800	(M)
1:50	400	(W)
2:00	400	(M)
2:15	60 Hurdles Final	(W)
2:20	60 Hurdles Final	(M)
2:30	60 Dash Final	(W)
2:35	60 Dash Final	(M)
2:45	600	(W)
2:55	600	(M)
3:05	1000	(W)
3:10	1000	(M)
3:20	200	(W)
3:35	200	(M)
3:55	3000	(W)
4:10	3000	(M)
4:25	4 x 400	(W)
4:30	4 x 400	(M)